

# Glucagon-Like Peptide-1 (GLP-1) Receptor Agonist

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Quantity Limit	Comments
Liraglutide (generic Victoza)	1 box per 30 days	Preferred
Ozempic (semaglutide)	0.25mg/dose, 0.5mg/dose (2 mg prefilled pen): 1 prefilled pen per 28 days	
	1 mg/dose (4 mg prefilled pen): 1 prefilled pens (1 carton) per 28 days	
	2 mg/dose (8 mg prefilled pen): 1 prefilled pen (1 carton) per 28 days	
Trulicity (dulaglutide)	4 prefilled pens/syringes per 28 days	
Rybelsus (semaglutide)	3 mg tablet: 1 carton (30 tablets) per one time fill 7 mg, 14 mg tablets: 1 carton (30 tablets) per 30 days	
Victoza (liraglutide)	1 box per 30 days	Non-Preferred
Adlyxin (lixisenatide)	Starter Pack: 1 pack (2 pens) per one time fill (28 day supply)	
	Maintenance Pack: 1 pack (2 pens) per 28 days	
Bydureon (exenatide extended release) Bydureon BCise (exenatide extended release)	4 vials/prefilled pens per 28 days 4 autoinjector pens per 28 days	
Byetta (exenatide)	1 prefilled pen per 30 days	

## APPROVAL CRITERIA

Requests for a preferred GLP-1 receptor agonist may be approved when the following criteria are met:

- I. Individual meets one of the following:
  - A. Requesting Trulicity or liraglutide (generic Victoza) and 10 years of age or older; **OR**
  - B. Requesting Ozempic or Rybelsus and 18 years of age or older;

**AND**

- II. Individual has a diagnosis of type 2 diabetes;

**AND**

- III. Documentation is provided that diagnosis has been verified by history of:
  - A. Hemoglobin A1c (A1C) greater than or equal to 6.5%; **OR**
  - B. Fasting plasma glucose (FPG) greater than or equal to 126 mg/dL (after fasting for at least 8 hours); **OR**
  - C. 2 hour plasma glucose greater than or equal to 200 mg/dL as part of an oral glucose tolerance test (75 g oral glucose after fasting for at least 8 hours); **OR**
  - D. Symptoms of hyperglycemia (including polyuria, polydipsia, polyphagia) and a random plasma glucose greater than or equal to 200 mg/dL;

**AND**

- IV. Individual has had a trial and inadequate response or intolerance to metformin (AACE/ACE 2020). Medication samples/coupons/discount cards are excluded from consideration as a trial; **OR**
- V. Individual has a contraindication to metformin therapy; **OR**
- VI. If requesting Ozempic, Trulicity or liraglutide (generic Victoza), individual has a history of atherosclerotic cardiovascular disease (ASCVD) including one or more of the following (AHA/ACC 2018):
  - A. Acute coronary syndrome;
  - B. Coronary artery disease (CAD);
  - C. History of myocardial infarction (MI);
  - D. Stable or unstable angina;
  - E. Coronary or other arterial revascularization;
  - F. Stroke;
  - G. Transient ischemic attack (TIA);
  - H. Peripheral arterial disease (PAD).

Requests for a non-preferred GLP-1 receptor agonist may be approved when the following criteria are met:

- I. Individual meets one of the following:
  - A. Requesting Bydureon/BCise and 10 years of age or older; **OR**
  - B. Requesting Adlyxin or Byetta and 18 years of age or older; **OR**
  - C. Requesting Victoza (brand) and 10 years of age or older;

**AND**

II. Individual has a diagnosis of type 2 diabetes;

**AND**

III. Documentation is provided that diagnosis has been verified by history of:

- A. Hemoglobin A1c (A1C) greater than or equal to 6.5%; **OR**
- B. Fasting plasma glucose (FPG) greater than or equal to 126 mg/dL (after fasting for at least 8 hours); **OR**
- C. 2 hour plasma glucose greater than or equal to 200 mg/dL as part of an oral glucose tolerance test (75 g oral glucose after fasting for at least 8 hours); **OR**
- D. Symptoms of hyperglycemia (including polyuria, polydipsia, polyphagia) and a random plasma glucose greater than or equal to 200 mg/dL;

**AND**

IV. One of the following:

- A. Individual has had a trial and inadequate response or intolerance to metformin (AAACE/ACE 2020). Medication samples/coupons/discount cards are excluded from consideration as a trial; **OR**
- B. Individual has a contraindication to metformin therapy; **OR**
- C. If requesting Victoza (brand), individual has a history of atherosclerotic cardiovascular disease (ASCVD) including one or more of the following (AHA/ACC 2018):
  - i. Acute coronary syndrome;
  - ii. Coronary artery disease (CAD);
  - iii. History of myocardial infarction (MI);
  - iv. Stable or unstable angina;
  - v. Coronary or other arterial revascularization;
  - vi. Stroke;
  - vii. Transient ischemic attack (TIA);
  - viii. Peripheral arterial disease (PAD).

**AND**

V. Individual has had a trial and inadequate response or intolerance to two preferred GLP-1 receptor agonists. Medication samples/coupons/discount cards are excluded from consideration as a trial.

Preferred GLP-1 receptor agonists agents: Liraglutide (generic Victoza), Ozempic, Rybelsus, Trulicity.

**OR**

VI. If all once-weekly injectable formulations are non-preferred, may approve if individual has had a trial and inadequate hemoglobin A1c lowering or is unable to tolerate daily injection with liraglutide (generic Victoza);

A GLP-1 receptor agonist may not be approved for any of the following:

- I. Individual with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2) or a personal or family history of medullary thyroid carcinoma (MTC); **OR**
- II. Individual is requesting for treatment of type 1 diabetes; **OR**
- III. Individual is requesting for the treatment of prediabetes (A1C <6.5%); **OR**
- IV. Individual is requesting for the treatment of obesity; **OR**
- V. Individual is requesting for weight loss; **OR**
- VI. Individual is requesting Bydureon/BCise (exenatide extended-release) with an eGFR less than 45 mL/min/1.73 m<sup>2</sup>; **OR**
- VII. Individual is requesting Byetta (exenatide) with an eGFR less than 30 mL/min/1.73 m<sup>2</sup>; **OR**
- VIII. Individual is using in combination with another GLP-1 receptor agonist (including but not limited to Saxenda, Wegovy, Soliqua or Xultophy): **OR**
- IX. Individual is using in combination with a DPP4 inhibitor (including but not limited to Janumet/XR, Januvia, Jentaduetto/XR, Kazano, Kombiglyze XR, Nesina, Onglyza, Oseni, Tradjenta, Glyxambi, Qtern, Steglujan or Trijardy XR).

**Note:**

Most of the GLP-1 receptor agonists have a black box warning for risk of thyroid C-cell tumors. GLP-1 receptor agonists have been found to cause thyroid C-cell tumors at clinically relevant exposure in rats. It is unknown whether GLP-1 receptor agonists cause thyroid C-cell tumors, including medullary thyroid carcinoma (MTC), in humans. Most GLP-1 receptor agonists are contraindicated in individuals with a personal or family history of MTC or in individuals with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). Individuals using GLP-1 receptor agonists should be educated on the potential risk of MTC and symptoms of thyroid tumors.

**Key References:**

1. American Diabetes Association. Standard of Care in Diabetes – 2023. Available at: [https://diabetesjournals.org/care/issue/46/Supplement\\_1](https://diabetesjournals.org/care/issue/46/Supplement_1) Accessed on March 9, 2023.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: May 10, 2023.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
4. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc. Updated periodically.
5. Samson SL, Vellanki P, Blonde L, et. al. American Association of Clinical Endocrinologists (AACE) Consensus Statement: Comprehensive Type 2 Diabetes Management Algorithm – 2023 Update. *Endocrine Practice*. 2023;29:305-340.
6. US Food and Drug Administration. FDA Drug Safety Communication: FDA revises warnings regarding use of the diabetes medicine metformin in certain patients with reduced kidney function. Last updated: November 14, 2017. Available at <https://www.fda.gov/Drugs/DrugSafety/ucm493244.htm>. Accessed: May 9, 2023.

Federal and state laws or requirements, contract language, and Plan utilization management programs or policies may take precedence over the application of this clinical criteria.

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