



Advance your total health

Reach your wellness goals with added-value benefits

Take charge of your health

It's now easier than ever to aim high and feel your best. All while getting access to programs, tools and resources that fit your schedule.

Plus, cost savings along the way. And you can even access programs and certain in-network services at low or no cost* under your medical and pharmacy plans.



Start today. Log in to your member website through [Aetna/Health-Login](https://Aetna.com/Health-Login). There, you can check your benefits, connect with care, and view and pay claims.

*If the member enrolls in a qualified high-deductible health plan, they can get preventive services at no cost. To get no-cost care on all covered, non-preventive services, the member will first need to meet their deductible.

Aetna Funding AdvantageSM plans are self-insured by the employer and administered by Aetna Life Insurance Company. Aetna[®], CVS Pharmacy[®], Inc. (which owns CVS[®] HealthHUB[™] locations) and MinuteClinic[®], LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health[®] family of companies. Stop-loss insurance coverage is offered by Aetna Life Insurance Company.



ACCESS TO CARE



MinuteClinic®

Your plan gives you access to covered MinuteClinic services at no or a lower cost to you.* They're located inside select CVS Pharmacy®, CVS® HealthHUB™ and Target® locations.** They're open every day, even evenings and weekends.

If your plan is eligible for a health savings account, you can get preventive care at no extra cost. You'll also get care for covered minor illnesses and injuries at a lower cost than available to the public. And once you meet your deductible, you can get all covered services at no extra cost.

Find a clinic near you at [CVS.com/MinuteClinic](https://www.cvs.com/MinuteClinic). Or log in to your Aetna Health™ app at [Aetna/Health-App](https://aetna.com/Health-App).

For a list of other in-network providers, log in to [Aetna/Health-Login](https://aetna.com/Health-Login) and use our search tool.



Virtual care options

CVS Health Virtual Care™*** lets you get care for minor injuries, illnesses, skin conditions, select women's services and mental health services, like talk therapy and medication support.

CVS Health Virtual Primary Care™*** gives you access to a dedicated virtual provider for preventive services, sick and wellness visits, medicine reviews and disease management.

Teladoc Health®

You can connect directly with a board-certified doctor by phone or video. This is best for general medical, dermatology or mental health visits — and all at no or low cost to you.

You can easily access these low- or no-cost virtual primary care services. Just go to [Aetna/Health-Login](https://aetna.com/Health-Login) to log in to your member website.

- ✓ Call **1-855-TELADOC (835-2362)**
- ✓ Visit [Aetna/AFA-Tdoc](https://aetna.com/AFA-Tdoc)

*Includes select MinuteClinic® services. Not all MinuteClinic services are covered. Please consult benefit documents to confirm what services are included. Members enrolled in qualified high-deductible health plans must meet their deductible before receiving covered non-preventive MinuteClinic services at no cost share. However, such services are covered at negotiated contract rates. This benefit is not available in all states and on indemnity plans. Visit [MinuteClinic.com](https://www.minuteclinic.com) for age and service restrictions. This is for informational purposes only and is intended to be used only in connection with self-funded plans. It is not medical advice and is not intended to be a substitute for proper medical care provided by a physician.

**For a complete list of other participating providers, log in to your member site at [Aetna.com](https://aetna.com) and use our provider search tool.

***Members on broad network plans will be able to access CVS Health Virtual Primary Care™ and CVS Health Virtual Care™ in addition to current virtual services. CVS Health Virtual Primary Care and CVS Health Virtual Care are not available to joint ventures, locally based network and indemnity plans.

†Members with high-deductible health plans must meet their deductible first.

Teladoc® is not available to all members. Teladoc and Teladoc physicians are independent contractors and are not agents of Aetna. Visit [Teladoc.com/Aetna](https://www.teladoc.com/Aetna) for a complete description of the limitations of Teladoc services. Teladoc, Teladoc Health and the Teladoc Health logo are registered trademarks of Teladoc Health, Inc.

MENTAL WELL-BEING



Employee Assistance Program (Aetna Resources For LivingSM)

Through this program, you'll get support for stress management, work/life balance, depression and anxiety. Plus, we'll connect you with legal and financial help. This benefit is available to you and your eligible household members.

Know that we're here for you, 24/7. Call us at **1-866-326-7172 (TTY: 711)**. Or check out [Aetna.com/AFA-RFL](https://aetna.com/AFA-RFL) (Username: **SGEAP** Password: **EAP**).



Behavioral telehealth virtual providers and services

These services offer another way to get help from a licensed therapist or psychiatrist. And you can choose from a large network of providers.

Check out [virtual providers](#) here. Or visit [Aetna.com](https://aetna.com) to find another network provider.

MANAGING HEALTH



Aetna One[®] Essentials

Your physical and mental health is everything. Whether you're taking care of a minor issue or dealing with bigger health challenges, we can help. If you can benefit from care management, one of our nurses will work with you to set up a plan, help you understand your benefits and answer any questions.

To get started, go to [Aetna.com/Health-Login](https://aetna.com/Health-Login) to log in to your member website. Or call the number on your member ID card.



Enhanced Maternity Program

Going through a maternity journey is unique for each person. So whether you need support for family planning or postpartum care, we'll be right there as a trusted, reliable resource throughout your entire experience.

To learn more and sign up, call us at **1-800-272-3531 (TTY: 711)** weekdays from 8 AM to 7 PM ET. Or log in to your member website at [Aetna.com](https://aetna.com) and look under "Stay Healthy."



Taking care of diabetes health Diabetic meter program

If you have diabetes, you know it's important to check your blood glucose levels regularly. And we want to help — with a **new blood glucose meter**. It's part of your prescription plan, and ordering one is easy!

To order, simply:

Visit [Aetna.com/ManagingDiabetes](https://aetna.com/ManagingDiabetes)

If you have questions, call the number on your Aetna[®] member ID card.

\$0 preferred diabetic benefit*

For another way to save, enjoy a new pharmacy benefit. You'll have no deductible and **\$0 cost-share** for preferred insulin and diabetic supplies.

Call the number on your Aetna member ID card to find out which insulins and diabetic supplies are included.

*Not available in Oklahoma. HSA, IntRx, and Value plans: Preventive deductible waiver and \$0 preferred diabetic offering both waive the deductible. \$0 preferred diabetic benefit also waives copay/coinsurance on preferred insulin/diabetic supplies. The \$0 preferred diabetic benefit does not include diabetic drugs.

WELLNESS AND DISCOUNT PROGRAMS



OTC Health Solutions®

Enjoy \$25 every three months* to shop hundreds of CVS® products

Every three months, you'll get \$25 to spend on select over-the-counter health and wellness products at CVS®. This can help you take care of minor illnesses, have fewer doctor visits and save money.

3 WAYS TO SAVE



In store

Visit any CVS store that participates in OTC Health Solutions. Go to www.CVS.com/otchs/aetcommercialotc/storelocator to find one near you.



Online

Visit www.CVS.com/otchs/aetcommercialotc for the fastest and easiest way to order anytime.



Over the phone

Call **1-888-628-2770 (TTY: 711)** Monday to Friday, from 9 AM to 8 PM local time.



Wellness tools

You can get a health assessment and access to online health programs to help meet your goals. Just choose the ones you want to work on and go at your own pace. You'll also get helpful information about procedures, conditions and treatments.

Explore these tools today. Just go to Aetna.com/Health-Login to log in to your member website.



Discount program

The Aetna Discount Program helps you save on many health products and services. You'll save money on eyewear, hearing exams, healthy lifestyle services, natural health offerings and more.

Watch the savings add up. Simply visit Aetna.com/Health-Login to log in to your member website.

*January 1-March 31; April 1-June 30; July 1-September 30; October 1-December 31.

DISCOUNT OFFERS ARE NOT INSURANCE. They are not benefits under your insurance plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Aetna makes no payment to the third parties — you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts.

Aetna Funding AdvantageSM plans are self-funded, meaning the benefits coverage is provided by the employer. Aetna Life Insurance Company provides administrative services to the employer. Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Network providers are independent contractors and are not agents of Aetna. Provider participation may change without notice.

Aetna Resources For LivingSM is the brand name used for products and services offered through the Aetna group of companies. The EAP is administered by Aetna Behavioral Health, LLC; and in California for Knox-Keene plans, and Health and Human Resources Center, Inc. All EAP calls are confidential, except as required by law. This material is for informational purposes only. It contains only a partial, general description of programs and services and does not constitute a contract. EAP instructors, educators and network participating providers are independent contractors and are neither agents nor employees of Aetna. Aetna does not direct, manage, oversee or control the individual services provided by these persons and does not assume any responsibility or liability for the services they provide and, therefore, cannot guarantee any results or outcomes. The availability of any particular provider cannot be guaranteed and is subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to Aetna.com.