



Questions about Kaiser Permanente?

Talk to a licensed specialist. We're here to help.

Choosing a health plan is a big decision, but you don't have to make it alone. Our licensed specialists are here to help you make an informed decision and choose a plan that's right for you.

Ask about the essentials and additional services including:

- Where you can get care
- Video visits¹ and other convenient ways to get care remotely
- How our integrated care model benefits you
- Specialty care services
- Convenient pharmacy options
- Wellness classes, podcasts, self-care resources, and more²

Scan the QR code to text a licensed specialist.



Get in touch

Call us at **1-855-925-2991**, Monday through Friday, 7 a.m. to 6 p.m. Pacific time.

1. When appropriate and available. **2.** The services described above are not covered under your health plan benefits and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may require a fee and may be discontinued at any time without notice. • Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 1300 SW 27th St., Renton, WA 98057

Learn more at k-p.li/JoinKP

