



Benefit Highlights



24/7 Virtual Care

WHA Network + Partners
mywha.org/virtualvisits



Acupuncture/Chiropractic

Landmark Healthplan of CA
mywha.org/cam



Behavioral Health

Optum
mywha.org/bh



Digital Physical Therapy*

Kaia Health
mywha.org/Kaia



Disease Management

Optum
mywha.org/dm



Fitness Savings

ChooseHealthy + Partners
mywha.org/fitness



Hypertension Support*

Livongo®
mywha.org/Livongo



Nutrition Counseling*

WHA Network
mywha.org/nutrition



Pharmacy Benefits

OptumRx
mywha.org/pharmacy



Travel Assistance

Assist America®
mywha.org/travel



Type 2 Diabetes Reversal

Virta Health
mywha.org/Virta



Wellness Applications

Optum
mywha.org/wellness



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