



Welcome to your Employee Assistance Program

Feel supported, connected, and rewarded every single day with expert advice, recommendations and referrals from TELUS Health. Your confidential* Employee Assistance Program (EAP), which provides convenient access to online resources and tools, including the platform’s news feed, a wealth of wellbeing content, and exclusive perks and special offers.

Getting started with our EAP is easy.

- 1

Download the app or visit one.telushealth.com

Download on the App Store

GET IT ON Google Play
- 2

Log in with the username and password below.



Contact the EAP any time, 24/7, for qualified support: **1-833-919-3252**

To connect online: one.telushealth.com or by mobile app.

Username: **MyEAP** Password: **wellness**



For technical support, visit help.telushealth.com, and submit a request. Session with a counselor is scheduled after booking an appointment.

Apple and the Apple logo are trademarks of Apple Inc., registered in the US and other countries. App Store is a service mark of Apple Inc., registered in the US, and other countries. Google Play and the Google Play logo are trademarks of Google Inc.

* Personal information about participants remains confidential according to all applicable state and federal laws, unless disclosure is allowed by such laws. These non-insurance services are provided by TELUS Health. This is a general description of services which are subject to change. Please refer to your Human Resources contact for more information. TELUS Health is a third party vendor. TELUS Health’s contract with Humana does not eliminate a member of any obligations under the policy or change the terms of the policy. Participation in the TELUS Health’s program is voluntary. All representations and warranties contained in this marketing material are made solely by TELUS Health, not Humana. Humana and TELUS Health, including each party’s respective affiliates and subsidiaries, are independent, non-affiliated entities. Humana, its parent and affiliates are not liable to members for the negligent provision of services by TELUS Health.

Important: At Humana, it is important you are treated fairly. Humana Inc. and its subsidiaries comply with applicable Federal Civil Rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **877-320-1235** (TTY: 711).

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **877-320-1235** (TTY: 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **877-320-1235** (TTY：711)。