

# Accidental Dismemberment / Personal Loss Claim

Administered by  
**Principal Life Insurance Company**  
**Attn: Group Life and Disability Claims Department**  
Des Moines, Iowa 50392-0002  
Toll free Nationwide 800-245-1522 Toll free fax 800-255-6609  
Email: [SBDClaims@principal.com](mailto:SBDClaims@principal.com)



## Statement of Employer

Employee's name (first, middle, last) (Please list all names member may have been known by such as maiden name, nickname or alias.)

I.D. number		Unit or division number		
Benefit class		Effective date of coverage		Effective date of last change
Was employee in your employ when loss occurred?	yes	no	Date employee entered employment	
Was coverage in force when loss occurred?	yes	no	Date employee last worked	
Is employee's coverage still in force?	yes	no	If "no", give date of termination	
Has employee returned to work?	yes	no	If "yes", give date returned	
Employee's salary: Monthly	Weekly	Hourly	Number of hours per week	Effective date of salary
\$	\$	\$		
Amount of benefit claimed		Plan number		
Employer				
By (signature)		Title		Date
Telephone number		FAX number		

## Instructions to Employee

Please mail, FAX, or email this completed form to: Principal Life Insurance company, Group Life & Disability Claims department, Des Moines, IA 50392, 800-255-6609, [SBDClaims@principal.com](mailto:SBDClaims@principal.com). Please call 800-245-1522 with questions on how to complete this form.

- (1) This form is to be filed promptly after the accident for which claim is made has occurred.
- (2) Complete the **Statement of Employee** below. A completed authorization for release of information (GP 49771) must accompany this form.
- (3) A Consent to do Business Electronically with Principal Life Insurance Company is on page 6 and may also be completed and returned with the claim form at your option. Please see the form for details. **NOT AVAILABLE FOR USE IN CALIFORNIA.**
- (4) Have your physician complete the Attending Physician's Statement on Page 2 and Page 3.
- (5) Mail or FAX the completed form to Principal Life Insurance Company at the address given at the top of this page.

## Statement of Employee

Your name		Social security number	Date of birth
Telephone number	Your occupation	Did loss result from employment?	
		<input type="checkbox"/> yes <input type="checkbox"/> no	
What was loss for this claim?	When did loss occur: Date	Hour	<input type="checkbox"/> a.m. <input type="checkbox"/> p.m.
Describe accident causing loss (give date, plan, etc.)			

Have you been hospital confined? If yes, when: from/to	Your doctors during the past year	Sickness or injury	Date consulted
<input type="checkbox"/> yes <input type="checkbox"/> no			
Name of hospital			

Hospital address

**Florida:** Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

**Maine:** It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefits.

**New York:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

These statements are true and complete to the best of my knowledge.	Signature of employee	Date
Address of employee (street number, city, state, ZIP code)		

Is this a new address?	Please furnish a daytime telephone number in case we need to reach you.
<input type="checkbox"/> yes <input type="checkbox"/> no	

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**ACCIDENTAL DISMEMBERMENT / PERSONAL LOSS CLAIM**

**Attending Physician's Statement**

Patient's name

Date you first attended patient

Date you last attended patient

Has loss resulted in permanent, complete and irreversible loss of voluntary movement?

Describe accident causing loss.

Has patient been hospital confined?  yes  no | If yes, give name of hospital

Date confined from/through

Address of hospital

Nature of surgery, if any (give date).

Date loss occurred

Did loss result from employment?  yes  no

Did any sickness, disease, or prior injury contribute to loss?  yes  no

If "yes", explain.

**Loss of Hand or Foot Due to Severance**

Is severance at or above the wrist or ankle?  yes  no

Comments:

**Loss of Thumb and Index Finger**

Is the loss on the same hand?  yes  no

Comments:

**Loss of Sight**

What is the current visual capacity in the injured eye, compared to the previous capacity?

To what degree can color, objects, or movement be distinguished with the injured eye?

What is the injury's effect on binocular vision?

Is the loss permanent?  yes  no

To what degree is the impairment correctable with glasses or future surgery?

Comments:

**ACCIDENTAL DISMEMBERMENT / PERSONAL LOSS CLAIM**

**Attending Physician's Statement (continued)**

**Loss Due to Paralysis**

Has the loss resulted in permanent, complete and irreversible loss of voluntary movement?

Has the loss continued for at least 12 consecutive months?

Is the loss a result of a stroke?

Loss of use is:

- Quadriplegia
- Paraplegia
- Both hands or both feet
- One hand and one foot
- One arm or one leg
- One hand or one foot

Comments:

**Loss of Speech or Hearing**

Is the loss

- Speech
- Hearing in both ears
- Hearing in one ear

Is the loss permanent, complete and irreversible?

Has the loss continued for at least 12 consecutive months?

What is the current level of functioning compared to pre-injury status?

For hearing loss, please include audiograms.

For speech loss, please include speech therapy assessment.

To what degree is the impairment correctable by future surgery, devices or medication use?

Comments:

Print: Physician's name

Degree

Specialty

Telephone

Street address

City

State or province

ZIP code

Physician's signature

Date

Tax identification number

## Notice Requirements

Any person who, with intent to defraud or knowing that they are facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement, may be guilty of insurance fraud.

**Alabama:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or who knowingly presents false information in an application for insurance is guilty of a crime and may be subject to restitution fines or confinement in prison, or any combination thereof.

**Arizona:** For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**Arkansas:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**California:** For your protection California law requires the following to appear on this form: Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

**District of Columbia:** Warning: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

**Kentucky:** Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

**Louisiana:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**Maryland:** Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**New Hampshire:** Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

**New Jersey:** Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**New Mexico:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

**Ohio:** Any person who, with intent to defraud or knowing that they are facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

**Oklahoma:** WARNING: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

**Pennsylvania:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**Tennessee:** It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purposes of defrauding the company. Penalties include imprisonment, fines and denial of coverage.

**Virginia:** Any person who, with the intent to defraud or knowing that they are facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.

**Washington:** It is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of insurance benefits.



Consent to do Business  
Electronically with  
Principal Life  
Insurance Company

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**This is a consent to do business electronically.**

- Your consent applies to documents relating to your claim with Principal Life Insurance Company which are available in electronic format and which you prefer to provide or receive via e-mail. An electronic format may not be available for all types of claims or for all types of documents.
- You are not required to handle any portion of your claim electronically. You can decline to consent to this document and your claim will be handled using paper documents.
- Once you provide your consent, you will have the right at any time to withdraw it.
- We will need your email address in order to communicate and exchange documents electronically. If your email address should ever change, you must notify us and provide updated information.
- You will need access to a computer or device capable of sending and receiving email messages with attachments. You will need an operating system that allows you to download and print documents or save them. You will need Adobe Reader or similar software to view and retain documents in PDF format. If we should ever change the hardware or software requirements needed to access or share documents electronically, we will advise you.
- You will have the ability to download and print any documents we send or make available to you electronically. You may also request delivery of paper copies by contacting us.
- If you decide to withdraw your consent, request paper copies of electronic documents, or report a change in your email address, please contact us at: 800-245-1522.

**Agreement** - By consenting to do business electronically, you understand and agree that you were able to access and read this information electronically and also were able to print it or save it for your future reference and access.

**Member/Claimant Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Beneficiary Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Personal Email Address:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Full Name:** \_\_\_\_\_