



## 2023 Key Hospital Systems and Physicians\*

| <b>Ventura, Santa Barbara, San Luis Obispo</b> | <b>LocalPlus®</b> | <b>Open Access Plus</b> |
|--|-------------------|-------------------------|
| French Hospital Medical Center                 | ✓                 | ✓                       |
| Goleta Valley Cottage Hospital                 | ✓                 | ✓                       |
| Lompoc Valley Medical Center                   | ✓                 | ✓                       |
| Los Robles Hospital & Medical Center           | ✓                 | ✓                       |
| Marian Medical Center Arroyo Grande            | ✓                 | ✓                       |
| Marian Regional Medical Center                 | ✓                 | ✓                       |
| Santa Barbara Cottage Hospital                 | ✓                 | ✓                       |
| Santa Paula Hospital                           | ✓                 | ✓                       |
| Santa Ynez Valley Cottage Hospital             | ✓                 | ✓                       |
| Sierra Vista Regional Medical Center           | ✓                 | ✓                       |
| St John's Pleasant Valley Hospital             | ✓                 | ✓                       |
| St John's Regional Medical Center              | ✓                 | ✓                       |
| Twin Cities Community Hospital                 | ✓                 | ✓                       |
| Ventura County Medical Center                  | ✓                 | ✓                       |

## Central Coast Providers by the Numbers\*

| <b>Provider</b>         | <b>LocalPlus® Network Count</b> | <b>Open Access Plus Network Count</b> |
|-------------------------|---------------------------------|---------------------------------------|
| Primary Care Physicians | 758                             | 1,283                                 |
| Specialists             | 2,751                           | 4,063                                 |
| Hospitals               | 19                              | 19                                    |
| Urgent Care Centers     | 36                              | 39                                    |

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**All Cigna + Oscar plans include:**

- Multiple options that save you money: Choose between two networks, LocalPlus® and Open Access Plus, and save on health insurance that fits your team's lives and needs.
- A quality network: Access to hospitals, doctors, and specialists that can be seen without referrals.
- 24/7 Virtual Urgent Care<sup>\*\*</sup>: Access hundreds of doctors on call, available anytime with a \$0 copay via the Oscar app.
- Personalized Care Team: A team that knows your team by name and is always there to answer questions and help them manage their care.
- Employee care navigation: Dedicated support to help your employees find the right doctors and care in their area, plus easy tools to search for care on their own.
- Prescriptions done right: Save on prescriptions with Express Scripts® and refill them right from your phone.
- Healthy minds and bodies: Access to Cigna's behavioral health network for mental health resources and step-tracking rewards (up to \$100 per year).<sup>\*\*\*</sup>

\* Cigna's internal Central Provider File (CPF) as of October 2022. Subject to change.

\*\* Cigna provides access to virtual care through participating in-network providers. Not all providers have virtual capabilities. Cigna also provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and may not be available in all areas.

If you're away from home, Virtual Urgent Care is not available internationally. Virtual Urgent Care has a cost-share for members on HSA plans before they reach their deductible, after which the copay is \$0. Members can only access Virtual Urgent Care via phone. This applies to new groups effective 1/1/2022 and upon a group's renewal in 2022.

\*\*\*To comply with federal laws, if an eligible employee is unable to participate in any of incentive program events, activities or goals due to a disability or other reason, they may be entitled to reasonable accommodation for participation, or an alternative standard for rewards.

**Cigna + Oscar coverage is insured by Cigna Health and Life Insurance Company.** CA: benefits administered by Oscar Health Administrators. Other states: benefits administered by Oscar Management Corporation. Pharmacy benefits provided by Express Scripts, Inc. Cigna + Oscar health insurance contains exclusions and limitations. For complete details on product availability and coverage, please refer to your plan documents or contact a representative.