



Get mental health care from home

Speak to a therapist or psychiatrist online.

Looking for a quick and easy way to get care? With LiveHealth Online, you can access video visits from anywhere. All you need is a smartphone, tablet, or computer!

When you're feeling stressed, anxious or, overwhelmed or need support managing your mental health medication know that you're not alone. You can talk with a licensed therapist or board-certified psychiatrist using LiveHealth Online. It's an easy and convenient way to get the mental health support you need whether you're at home, work or on the go.

Follow these steps to connect with a therapist or psychiatrist on LiveHealth Online:

- For your first visit, set up a time by going online to LiveHealthOnline.com or download the LiveHealth Online mobile app or log in.
- Once you've logged in, select "Therapy" to schedule an appointment with a licensed therapist or "Psychiatry" with a board-certified psychiatrist.
- Next, select a licensed therapist or board-certified psychiatrist based on availability, qualifications, and experience.
- After you schedule an appointment, LiveHealth Online will send you an email confirming your appointment. Psychiatrists on LiveHealth Online may prescribe medications.
- You'll see your cost before the visit starts — depending on your coverage, the cost may be the same as what you would pay for an office visit, considering your benefits, copay or coinsurance.

Visit LiveHealthOnline.com,
download the LiveHealth Online app,
or scan the QR code to get started.



Appointments subject to availability.

Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 800-273-8255 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is offered through an arrangement with Amwell, a separate company, providing telehealth services on behalf of your health plan.