

It's easy to get started with Kaiser Permanente

Moving to a new health plan doesn't have to be hard. We're here to guide you through each step. Visit kp.org/newmember to get started.



Create your online account

To register, follow the steps online or download the Kaiser Permanente app. You'll need your medical record number, which you'll find on your member ID card. If you don't have your card yet, you'll get it in the mail soon. With your account, you can manage your care at kp.org or with our app – anytime, anywhere.



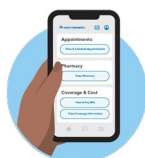
Choose your doctor

Find a doctor who's right for you. Select a convenient facility and then browse our online doctor profiles to search by gender, languages spoken, education, and more. You can also change your doctor at any time.



Transition your prescriptions

It's easy to move your prescriptions to Kaiser Permanente. Once your coverage starts, follow the steps online to transition your prescriptions, and we'll guide you through the process.



Schedule your first appointment

Once your coverage starts, schedule a visit with your personal doctor whenever you're ready. You and your doctor will talk about your health goals, and you won't need to bring any medical records to your first appointment. You can also see certain specialists without a referral.

If you need care for a serious condition

Certain conditions and chronic illnesses may be eligible for our Continuity of Care program. These conditions could include (but aren't limited to):

- Pending surgery
- Pregnancy
- Terminal illness

To learn more about our Continuity of Care program, call our Member Service Contact Center at **1-800-464-4000** (English and more than 150 languages using interpreter services), 24/7 (closed holidays). For TTY call **711**.