Anthem.

Receive virtual care and support 24/7 with our Sydney Health app

Now you can connect more easily to the care you need through our **SydneySM Health** mobile app. Have a video visit with a doctor on your mobile device or computer with a camera, 24/7.

Visit with a doctor for common health concerns

Doctors are available anytime, with no appointments or long wait times. They can help you with these types of conditions:

COVID-19

Minor rashes

• Flu

Sore throat

Cold and fever

Headaches

During your video visit, the doctor will assess your condition, provide a treatment plan, and send prescriptions to the pharmacy of your choice, if needed.¹



What people say about virtual care visits²

89%

said the doctor they saw was professional and helpful

92%

thought the doctor understood their concerns

92%

were able to book a virtual visit sooner than an in-person visit

How to download our Sydney Health app:









Scan the QR code with your phone's camera.



Here's how to access the program through virtual care:

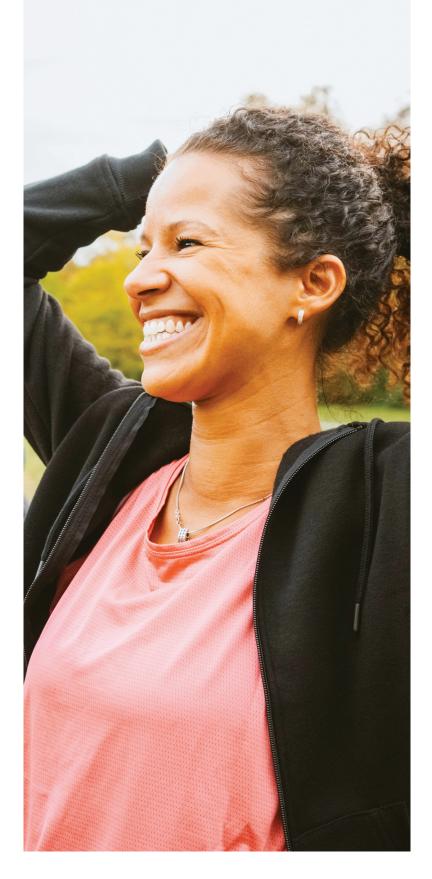
Download our no-cost **Sydney Health** app.

- 1. Register (if you haven't yet) and log in.
- 2. Once you register, your username and password are the same for our app and **anthem.com/ca**.
- 3. Select Care and then select Video Visits.

Visit anthem.com/ca.

- 1. Register (if you haven't yet) and log in.
- Once you register, your username and password are the same for anthem.com/ca and our Sydney Health app.
- Select Care and then select Virtual Video Visit With A Provider.





In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of Anthem Blue Cross.

¹ Prescription availability is defined by physician judgment.

² Based on Sydney Health utilization trends from top national clients.