

## Prominence<sup>®</sup> Health Plan **Fantastic Fitness Deal!**

11,600+ GYMS



**STANDARD MEMBERSHIP: \$25/MO<sup>1</sup>** 

## How to get started:

- 1. Visit the dedicated link from your employer, association, or health plan to access the Active&Fit Direct<sup>™</sup> website.
- 2. Search for a fitness center or studio near you by entering your ZIP code or City, State in the fitness centers search box.
- **3.** Select your gym then create an account and pay your initial fees. You'll pay for your first 2 months, plus an enrollment fee. (The enrollment fee is waived for standard gyms through September 30!<sup>2</sup>)
- **4.** Print your fitness card or save it to your phone, and take it with you to your fitness center of choice. You can also immediately access over 7,600 workout videos so you can work out at home or on-the-go.
- 5. Want to add your spouse? Enroll your spouse or domestic partner directly from your Active&Fit Direct dashboard!<sup>3</sup>



11,600+ FITNESS CENTERS 7,600+ WORKOUT VIDEOS

Active&Fit

тм

<sup>1</sup>Plus applicable taxes for standard fitness centers. Costs for premium exercise studios exceed \$25/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

<sup>2</sup>\$25 enrollment fee waived for standard fitness centers only 9/1/22 - 9/30/22 11:59 p.m. PT.

<sup>3</sup>Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection

M966-0300 6/22 © 2022 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Standard fitness center and premium studio participation varies by location and is subject to change. Digital workout videos are subject to change. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee(s), the Monthly Fee(s), and/or the Introductory Period) at any time per the terms and conditions. If we modify a fee or make a material change to the Program, we will provide you with no less than 30 days' notice prior to the effective date of the change. We may discontinue the Program at any time upon advance written notice.