

Make the most of your plan.

Health Maintenance Organization (HMO) Network Comparison Guide



Cigna HealthcareSM HMO Medical Plans

For most HMO plans, employees select a primary care physician (PCP) responsible for coordinating their care, which helps lower costs and improve health outcomes. The HMO network is designed to help provide easy access to a focused set of quality, cost-effective doctors and hospitals – close to where customers live and work. Each customer's selected PCP works closely with other physicians when needed to coordinate care and helps provide the most from the plan. In Southern California, we offer the following HMO plan options:*

**Cigna Southern California
Select HMO Plan**

**Cigna Southern California
Value HMO Plan**

**Cigna Southern California
Full HMO Plan**

Each of our HMO plans is designed to help our clients:



SAVE
MONEY



IMPROVE
QUALITY
OUTCOMES



PROMOTE
EMPLOYEE
HEALTH

Satisfied providers, clients and employees:

“Our alliance with Cigna creates a collaborative environment which allows us to better understand and connect with those we serve, which improves care and helps reduce costs for our patients and their employers.”

— Eugene Kim, MD, Chief Medical Officer, Providence Medical Foundation

For more information on our HMO plan options available, [email us](#) directly.



Network comparison guide

Southern California – HMO Plans



Our HMO plans are designed to offer the right mix of health care benefits – at the right price. They’re built to help manage rising health care costs – without sacrificing the quality your employees want and expect.

Use this convenient guide to see which medical groups and independent practice associations (IPAs) are part of each of our Southern California HMO plan networks.**

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
KERN COUNTY				
Bakersfield Family Medical	Heritage Provider Network		✓	✓
Dignity Health Medical Network Central CA	Dignity			✓
LOS ANGELES COUNTY				
Adventist Health Physician Network				✓
Alamitos IPA			✓	✓
Allied Pacific of California			✓	✓
Axminster Med Group Good Samaritan Hospital IPA	Providence Health System (LA)			✓
Axminster Med Group Olympia IPA	Providence Health System (LA)			✓
Axminster Med Group Providence Med Assoc	Providence Health System (LA)			✓
Axminster Med Group Providence Med Assoc 2	Providence Health System (LA)			✓
Axminster Med Group Providence Med Assoc 3	Providence Health System (LA)			✓
Brookshire IPA			✓	✓
Cedars – Sinai Health Associates	Cedars Sinai			✓
Cedars – Sinai Medical Group	Cedars Sinai			✓
Children's Hospital Los Angeles Medical Group				✓
Citrus Valley Physicians Group				✓
City of Hope Medical Foundation				✓
Community Medical Group – Agoura Hills	Heritage Provider Network	✓	✓	✓
Community Medical Group – Tarzana	Heritage Provider Network	✓	✓	✓

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
LOS ANGELES COUNTY (CONTINUED)				
Community Medical Group – West Hills	Heritage Provider Network	✓	✓	✓
Eastland Medical Group	Heritage Provider Network	✓	✓	✓
Family Care Specialists Medical Group				✓
Greater Covina Medical Group				✓
Health Care LA IPA				✓
Heritage High Desert Medical Group	Heritage Provider Network	✓	✓	✓
Korean American Medical Group			✓	✓
Lakeside Medical Group – Burbank/North Hollywood	Heritage Provider Network	✓	✓	✓
Lakeside Medical Group – Central Valley	Heritage Provider Network	✓	✓	✓
Lakeside Medical Group – Glendale	Heritage Provider Network	✓	✓	✓
Lakeside Medical Group – North Valley	Heritage Provider Network	✓	✓	✓
Lakeside Medical Group – Santa Clarita	Heritage Provider Network	✓	✓	✓
Lakewood IPA			✓	✓
Nuestra Familia Medical Group	Prospect		✓	✓
Optum – Bur/LA/SGV	Optum			✓
Optum – Long Beach	Optum			✓
Optum – Magan Medical Clinic	Optum			✓
Optum – San Fernando Valley	Optum			✓
Optum – San Gabriel	Optum			✓
Optum – South Bay	Optum			✓
Optum Care Network – Arcadia	Optum			✓
Optum Care Network – Beverly	Optum			✓
Optum Care Network – Burbank/Glendale	Optum			✓
Optum Care Network – Central LA	Optum			✓
Optum Care Network – Citrus	Optum			✓
Optum Care Network – East LA	Optum			✓
Optum Care Network – East West	Optum			✓
Optum Care Network – Glendale/Verdugo	Optum			✓
Optum Care Network – LA County	Optum			✓
Optum Care Network – Little Company of Mary	Optum			✓
Optum Care Network – Long Beach	Optum			✓
Optum Care Network – Montebello	Optum			✓
Optum Care Network – Northridge	Optum			✓
Optum Care Network – Pasadena	Optum			✓
Optum Care Network – Pasadena/Arcadia	Optum			✓

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
LOS ANGELES COUNTY (CONTINUED)				
Optum Care Network – San Fernando Valley	Optum			✓
Optum Care Network – San Gabriel Valley	Optum			✓
Optum Care Network – South Bay	Optum			✓
Optum Care Network – Westside	Optum			✓
Orthopaedic Hospital Medical Group				✓
Prospect Health Source Medical Group	Prospect		✓	✓
Prospect Professional Care Medical Group	Prospect		✓	✓
Providence Care Network	Providence Health System (LA)			✓
Providence Facey Medical Foundation – Burbank				✓
Providence Facey Medical Foundation – San Fernando				✓
Providence Facey Medical Foundation – Santa Clarita				✓
Providence Medical Institute	Providence Health System (LA)			✓
Providence Saint John's Medical Foundation	Providence Health System (LA)			✓
Regal Medical Group – Glendale	Heritage Provider Network	✓	✓	✓
Regal Medical Group – Long Beach	Heritage Provider Network	✓	✓	✓
Regal Medical Group – Los Angeles	Heritage Provider Network	✓	✓	✓
Regal Medical Group – Pomona Valley	Heritage Provider Network	✓	✓	✓
Regal Medical Group – San Fernando Valley	Heritage Provider Network	✓	✓	✓
Regal Medical Group – San Bernardino Physician Network	Heritage Provider Network	✓	✓	✓
Regal Medical Group – San Gabriel Valley	Heritage Provider Network	✓	✓	✓
Seoul Medical Group			✓	✓
Shriners Hospitals for Children				✓
Sierra Medical Group	Heritage Provider Network	✓	✓	✓
St Mary IPA			✓	✓
St Vincent IPA Medical Corporation				✓
Torrance Memorial IPA				✓
UCLA Medical Group				✓
USC Care Medical Group				✓
Verdugo Hills Medical Group	Heritage Provider Network	✓	✓	✓
West Covina Medical Clinic	Heritage Provider Network	✓	✓	✓
LOS ANGELES COUNTY/ORANGE COUNTY				
Optum Care Network – AppleCare Select				✓
Prospect SoCal			✓	✓

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
ORANGE COUNTY				
Affiliated Doctors of Orange County (ADOC) – Anaheim/Garden Grove	Heritage Provider Network		✓	✓
Affiliated Doctors of Orange County (ADOC) – Fountain Valley Division			✓	✓
Affiliated Doctors of Orange County (ADOC) – Los Alamitos Division			✓	✓
Affiliated Doctors of Orange County (ADOC) – Pacific West	Heritage Provider Network		✓	✓
Affiliated Doctors of Orange County (ADOC) – West Grove	Heritage Provider Network		✓	✓
AMVI Medical Group	Prospect		✓	✓
Childrens Hospital of Orange				✓
Daehan Prospect Medical Group	Prospect		✓	✓
Edinger Medical Group	MemorialCare	✓	✓	✓
Family Choice Medical Group				✓
Fountain Valley IPA			✓	✓
Greater Newport Physicians MemorialCare	MemorialCare	✓	✓	✓
Greater Newport Physicians MemorialCare – Newport Beach	MemorialCare			✓
Hoag Affiliated Physicians	Hoag Health	✓		✓
Hoag Clinic	Hoag Health	✓		✓
MemorialCare Medical Group	MemorialCare	✓	✓	✓
Mission Heritage Medical Group	Providence Health System (OC)	✓		✓
Mission Hospital Affiliated Physicians		✓		✓
Noble Ama IPA				✓
Optum – Orange County	Optum			✓
Optum Care Network – Arta Health Network	Optum			✓
Optum Care Network – Monarch	Optum			✓
Optum Care Network – South Coast	Optum			✓
Prospect Gateway Medical Group	Prospect		✓	✓
Prospect Genesis Healthcare	Prospect		✓	✓
Prospect Latino Medical Group	Prospect		✓	✓
Prospect Medical Group	Prospect		✓	✓
Prospect Medical Group Los Angeles	Prospect		✓	✓
Prospect NWOC Medical Group	Prospect		✓	✓
Regal Medical Group – Orange County	Heritage Provider Network		✓	✓

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
ORANGE COUNTY (CONTINUED)				
St Joseph Heritage Medical Group	Providence Health System (OC)	✓		✓
St Joseph Hospital Affiliated Physicians	Providence Health System (OC)	✓		✓
St Jude Affiliated Physicians	Providence Health System (OC)	✓		✓
St Jude Heritage Medical Group	Providence Health System (OC)	✓		✓
UCI Health Systems				✓
RIVERSIDE/SAN BERNARDINO COUNTY				
Alliance Desert Physicians				✓
Beaver Medical Group	Optum			✓
Chaffey Medical Group				✓
Choice Medical Group				✓
Desert Oasis Healthcare	Heritage Provider Network	✓	✓	✓
Heritage High Desert Victor Valley Medical Group	Heritage Provider Network	✓	✓	✓
Loma Linda University Healthcare				✓
Optum Care Network – Citrus Valley	Optum			✓
Optum Care Network – Corona	Optum			✓
Optum Care Network – Desert Cities	Optum			✓
Optum Care Network – Hemet Valley	Optum			✓
Optum Care Network – Inland Valley	Optum			✓
Optum Care Network – Moreno Valley	Optum			✓
Optum Care Network – Redlands	Optum			✓
Optum Care Network – Riverside	Optum			✓
Optum Care Network – San Bernardino	Optum			✓
Optum Care Network – Southwestern Valleys	Optum			✓
Optum Care Network – Sun City	Optum			✓
Optum Care Network – Valley Physicians	Optum			✓
Pinnacle Medical Group				✓
Pomona Valley Medical Group dba Promed Health Network	Prospect		✓	✓
Premier Healthcare IPA	Providence			✓
Primecare Medical Group of Chino Valley	Optum			✓
Promisecare – Hemet Community Medical Group				✓
Redlands – Yucaipa Medical Group				✓
Regal Medical Group – Chino Physician Network	Heritage Provider Network	✓	✓	✓
Regal Medical Group – Riverside	Heritage Provider Network	✓	✓	✓
Regal Medical Group – Temecula	Heritage Provider Network	✓	✓	✓
Riverside Medical Clinic			✓	✓
St Mary High Desert Medical Group	Providence Health System (HD)			✓
Upland Medical Group	Prospect		✓	✓

GROUP NAME	HEALTH SYSTEM	CIGNA SELECT HMO	CIGNA VALUE HMO	CIGNA FULL HMO
SAN DIEGO				
Graybill Medical Group				✓
Greater Tri—Cities IPA				✓
Mercy Physicians Medical Group	Scripps Health	✓		✓
Optum Care Network — North County SD	Optum			✓
Rady Children's Health Network** Referral only	Rady Children	✓**		✓
Scripps Clinic	Scripps Health	✓		✓
Scripps Coastal Medical Center	Scripps Health	✓		✓
Scripps Physicians Medical Group	Scripps Health	✓		✓
Sharp Community Medical Group	Sharp HealthCare			✓
Sharp Community Medical Group Inland North Region	Sharp HealthCare			✓
Sharp Rees—Stealy Medical Group	Sharp HealthCare			✓
UCSD Medical Group				✓
SAN LUIS OBISPO				
HPN Coastal Communities Physician Network	Heritage Provider Network			✓
Physicians Choice Medical Group				✓
SANTA BARBARA				
Lompoc Valley Community Healthcare Organization				✓
Sansum Clinic				✓
Santa Barbara Select IPA				✓
VENTURA				
Community Medical Group — Simi Valley	Heritage Provider Network	✓	✓	✓
Community Medical Group — Thousand Oaks			✓	✓
Providence Facey Medical Foundation — Simi Valley	Providence Health System (LA)			✓
Regal Medical Group — Simi Valley	Heritage Provider Network	✓	✓	✓
Regal Medical Group — Ventura	Heritage Provider Network		✓	✓
Sea View IPA				✓

To learn more, contact
your broker or your
Cigna Healthcare
representative.



Offered by Cigna Healthcare of California, Inc.

* Not all providers may be in-network. Access the Cigna Healthcare provider directory on Cigna.com to confirm which providers are in each network.

** Plans may be limited geographically. Subject to change.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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