

Statistics have shown that implementing an Employee Assistance Program can benefit employers in many ways. An employer that offers this type of program to its employees can look forward to a reduction in absenteeism and tardiness, an increase in productivity, and a decline in secondary medical costs.

How do you know if your clients need an EAP?

- Staff/Management interpersonal conflict
- Death of a co-worker or an employee's loved one
- Violence or threats of violence at work
- Downsizing
- Employee(s) who do not show up for work on a regular basis (i.e. calling in sick every Friday)
- Tardiness
- Known issues of employee alcohol or drug abuse
- Episodes of lost temper or emotional outbursts by employee(s)
- Repeated customer/client complaints
- Employee absence from work due to child care or elder care issues
- Unexpected disappearances at work
- Accidents on the job

If your clients experience one or more of these employee issues, they may benefit from an Employee Assistance Program. While an EAP may not be able to resolve all of the issues that employers and employees face every day, it is an excellent tool to assist them in coping with these situations.